

# Clinical Work With Substance Abusing Clients

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*Shame, Guilt, and Alcoholism* Ronald T. Potter-Efron 1989 Providing a practical model for understanding the cycle of shame, guilt, and addiction and offering insight on the emotional realities of substance abuse, this work provides suggestions for treating substance-abusing clients and their families. It explores the positive functions of shame and guilt, describes the defense mechanisms against them, and highlights family behaviors that induce shame and guilt. This second edition reflects increased understanding in the field since 1989. Potter-Efron is a mental health counselor and alcohol/drug counselor who teaches at the Rutgers and North Carolina Summer Schools of Alcohol/Drug Studies; he has written or edited many books on shame, anger, and addiction. Annotation copyrighted by Book News, Inc., Portland, OR

*Substance Abuse Counseling* Judith A. Lewis 2014-03-14 **SUBSTANCE ABUSE COUNSELING, Fifth Edition**, is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client. Updated with new references, this edition features a stronger emphasis on motivational interviewing, expanded material on ethical considerations, coverage of cultural and diversity considerations in every chapter, and digital downloads of key forms that appear throughout the text. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

**Substance Abuse Treatment for Youth and Adults** David W. Springer 2009-08-21 State-of-the-art, empirical support for the treatment of substance abuse Part of the Clinician's Guide to Evidence-Based Practice Series, *Substance Abuse Treatment for Youth and Adults* provides busy mental health practitioners with detailed, step-by-step guidance for implementing clinical interventions that are supported by the latest scientific evidence. Edited by renowned educators David W. Springer and Allen Rubin, this thorough yet practical reference draws on a roster of experts and researchers in the field who have assembled state-of-the-art knowledge into

this well-rounded guide. Each chapter serves as a practitioner-focused how-to guide and covers interventions that have the best empirical support for treating substance abuse problems, including: Family behavior therapy for substance abuse and associated problems Motivational interviewing Problem solving and social skills training Adolescent community reinforcement approach (A-CRA) Cognitive behavioral coping skills therapy for adults Seeking Safety treatment for clients with PTSD and substance abuse Easy-to-use and accessible in tone, *Substance Abuse Treatment for Youth and Adults* is an indispensable resource for practitioners who would like to implement evidence-based, compassionate, effective interventions in their care of substance-abusing clients.

**Seeking Safety** Lisa Najavits 2002-01-01 This much-needed manual presents the first empirically studied, integrative treatment approach developed specifically for PTSD and substance abuse. The manual is divided into 25 specific units or topics, addressing a range of different cognitive, behavioral, and interpersonal domains. The volume is designed for ease of use with a large format, lay-flat binding, and helpful reproducible handouts and forms. 4/01.

**Managing Addictions** F. Michler Bishop 2001-01-01 Offers hope and specific techniques designed to address the complexity of treatment.

*Clinical Manual of Substance Abuse* Jean Kinney 1996 A comprehensive practical reference for all health care professionals who care for patients with substance abuse problems. Part I provides a framework for clinical management of these patients and Part II is comprised of chapters on working with specific populations and groups.

**Studyguide for Clinical Work with Substance-Abusing Clients by Straussner, ISBN 9781593850678** Cram101 Textbook Reviews 2012-07 Never HIGHLIGHT a Book Again! Virtually all of the testable terms, concepts, persons, places, and events from the textbook are included. Cram101 Just the FACTS101 studyguides give all of the outlines, highlights, notes, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompany: 9781593850678 1593850670 .

*Clinical Work with Substance-Abusing Clients, Third Edition* Shulamith Lala Ashenberg Straussner 2013-12-13 A leading professional resource and course text, this book provides practical guidance for treating clients with substance use disorders in a variety of contexts. Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with particular substances. Clinical techniques are clearly explained and illustrated with helpful case examples. Important topics include harm reduction; strategies for working with family members; and ways to meet the needs of specific populations, including women, adolescents, older adults, LGBT clients, and those

with frequently encountered co-occurring problems. New to This Edition \*Revised to reflect current research and clinical advances; updated for DSM-5. \*Chapters on trauma-informed care, cognitive-behavioral therapy, and complementary/alternative approaches. \*Chapters on neurobiology and behavioral addictions. \*Significantly revised chapters on family treatment and dual disorders.

*Shame, Guilt, and Alcoholism* Ron Potter-Efron 2013-12-16 Explore the causes and effects of the shame/guilt/addiction cycle! Since the original edition in 1989, great strides have been made in understanding the overlapping functions of shame and guilt and the ways these painful emotions are linked with addictions. *Shame, Guilt, and Alcoholism: Treatment Issues in Clinical Practice, Second Edition*, integrates up-to-date psychological research with penetrating insight into the emotional realities of substance abuse. It provides a clear and practical model for understanding the shame/guilt/addiction cycle. *Shame, Guilt, and Alcoholism* provides constructive suggestions to therapists for treating substance-abusing clients and their affected family members. By treating destructive, inappropriate, or excessive shame and guilt, therapists can help their clients free themselves from the downward spiral of addiction and begin to build on their genuine strengths. It explores the positive functions of shame and guilt, describes the conscious and subconscious defense mechanisms against them, and highlights the crucial family behaviors that initiate and encourage shame and guilt. *Shame, Guilt, and Alcoholism* thoroughly explains the significant differences between shame and guilt, including: clients' experiences of failure primary responses and feelings precipitating events and involvement of self origins and central fears *Shame, Guilt, and Alcoholism* adds immeasurably to our understanding of the total recovery process. It is an essential resource for therapists, social workers, psychologists, substance-abuse counselors, and educators in the field.

**Social Work Speaks** National Association of Social Workers 2003

**Overcoming Your Alcohol or Drug Problem** Dennis C. Daley 2006-06-15 This expanded edition of the successful Graywind title, *Managing Your Drug and Alcohol Problem: Therapist Guide* provides an evidence-based treatment protocol for all types of substance use disorders. Designed to accompany the *Managing Your Addictive Behavior: Workbook, Second Edition*, this guide provides clinicians with valuable strategies for working with substance use disorders by focusing on specific issues involved in both stopping substance abuse and changing behaviors or lifestyle aspects that contribute to continued substance abuse. In addition to addressing professional approaches/attitudes toward the substance abusing client, assessment, psychosocial and pharmacotherapeutic treatment, and self-help programs, this expanded edition also includes a new chapter on the management of a co-occurring psychiatric disorder. *TreatmentsThatWork™* represents the gold standard of behavioral healthcare interventions! · All programs have been rigorously tested in clinical trials and are backed by years of research · A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date · Our books are reliable and effective and make it easy for you to provide your clients with the best care available · Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments to keep clients engaged and motivated · A companion website ([www.oup.com/us/ttw](http://www.oup.com/us/ttw)) offers downloadable clinical tools and helpful resources · Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)

*Clinical Work with Substance-Abusing Clients, Second Edition* Shulamith Lala Ashenberg Straussner 2004-08-31 This widely adopted text offers practical guidance for working with substance abusers and their families in a variety of clinical contexts. Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with specific substances and meeting the needs of different populations. Throughout, helpful case vignettes illustrate how to translate the ideas presented into practice and overcome common stumbling blocks. Practitioners and students will find all the information needed to stay current in the field in this authoritative, comprehensive, and highly accessible work.

**Overcoming Your Alcohol or Drug Problem** Dennis C. Daley 2006-06-15 This expanded edition of the successful Graywind title, *Managing Your Drug and Alcohol Problem: Therapist Guide* provides an evidence-based treatment protocol for all types of substance use disorders. Designed to accompany the *Managing Your Addictive Behavior: Workbook, Second Edition*, this guide provides clinicians with valuable strategies for working with substance use disorders by focusing on specific issues involved in both stopping substance abuse and changing behaviors or lifestyle aspects that contribute to continued substance abuse. In addition to addressing professional approaches/attitudes toward the substance abusing client, assessment, psychosocial and pharmacotherapeutic treatment, and self-help programs, this expanded edition also includes a new chapter on the management of a co-occurring psychiatric disorder. *TreatmentsThatWork™* represents the gold standard of behavioral healthcare interventions! · All programs have been rigorously tested in clinical trials and are backed by years of research · A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date · Our books are reliable and effective and make it easy for you to provide your clients with the best care available · Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments to keep clients engaged and motivated · A companion website ([www.oup.com/us/ttw](http://www.oup.com/us/ttw)) offers downloadable clinical tools and helpful resources · Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)

**Removing the Roadblocks** Marsha Vannicelli 1992-02-14 Based on the author's 18 years of experience supervising group therapists, this quintessentially practical book is designed to help practitioners think through and formulate appropriate strategies in their clinical work. Utilizing many clinical examples, and providing explanations throughout for her interventions, Vannicelli pays special attention to the therapeutic stance -- where the clinician positions him or herself in relation to the patient, and why; and how various strategies and techniques maximize the patient's opportunity for therapeutic growth. A hallmark of Dr. Vannicelli's approach, richly illustrated in this work, is her sensitivity to countertransference and the ways it can be used productively in clinical practice. Alone among books in the substance abuse field, *REMOVING THE ROADBLOCKS* analyzes the group therapy issues that arise in the three populations most commonly seen in substance abuse clinics -- substance abusers themselves, adult children of alcoholics, and other family members. The author describes characteristics unique to each population and addresses overlap among them in terms of basic procedures, formats, and hurdles that group leaders face. The book also differs from most psychotherapy texts by giving the reader an opportunity to "hear the voice" of an

experienced therapist as she provides examples of various kinds of interventions and demonstrates how they might actually be communicated and implemented. Rather than reading about psychotherapy or about various kinds of problems, one has the sense of experiencing a thorough consultation with a truly seasoned supervisor. A particularly useful feature is the appendix at the end of the volume, which provides examples of assessment and intake questionnaires, history questionnaires, ground rules for treatment, contracts, and other practical materials. Designed for all mental health professionals who work with substance abusers, the book's focus on practical clinical issues also makes it ideal for paraprofessionals. It is an excellent text for courses on substance abuse in social work, psychology, nursing, and other disciplines, as well as for courses in group psychotherapy.

Alcoholism and Substance Abuse Thomas Edward Bratter 1985

*Evidence-Based Practice in the Field of Substance Abuse* Katherine van Wormer 2009-11-02 Evidence Based Practice in Substance Abuse Treatment is a reader on evidence based practices in substance abuse treatment. The book is built around a core of treatment interventions that were published in several well-known journals on substance abuse treatment and research in social work practice. The purpose of the reader is to collect and comment on various forms of treatment that have proven effectiveness and to demonstrate how they have been applied in practice. In addition, the editors will provide a bridge analysis across chapters and sections connecting key themes across chapters, and they will provide a discussion in each chapter that describes why the intervention was chosen, its significance and why it is believed to be noteworthy. In addition, each chapter will contain critical thinking questions and the book will contain a glossary of key terms.

**Clinical Work with Substance-Abusing Clients, Second Edition** Shulamith Lala Ashenberg Straussner 2004-08-31 This widely adopted text offers practical guidance for working with substance abusers and their families in a variety of clinical contexts. Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with specific substances and meeting the needs of different populations. Throughout, helpful case vignettes illustrate how to translate the ideas presented into practice and overcome common stumbling blocks. Practitioners and students will find all the information needed to stay current in the field in this authoritative, comprehensive, and highly accessible work.

**Counseling and Therapy With Clients Who Abuse Alcohol or Other Drugs** Cynthia E. Glidden-Tracey 2005-03-23 Every day, huge numbers of people use drugs or alcohol for recreation, medication, celebration, stress management, social lubrication, or escape. The abuse of psychoactive chemicals touches individual lives in countless ways, and clients frequently hint in therapy sessions at problems related to substance misuse. But historically, substance abuse treatment has been regarded as a separate specialty, for which students and trainees often prepare along tracks different from those leading to licensing or certification as psychotherapists. Few non-specialists feel completely competent and willing to grapple closely with the issues these clients present, in spite of the fact that such problems are quite frequent among client populations. In this book, Cynthia Glidden-Tracey lays out an integrated, holistic, and effective approach to clients' inevitably intertwined problems, which encourages all practitioners to develop skills for detecting, assessing, and addressing substance use whenever concerns about it emerge in the course of therapy. She describes the frequent co-occurrence of substance misuse and other mental health problems, reviews therapy models and current professional questions, and empowers practitioners with the latest

scientific knowledge about the causes and effective treatment of addictions. Throughout, her points are grounded in rich clinical examples.

**Family Solutions for Substance Abuse** Eric E. Mccollum 2014-02-25 Use goal-oriented techniques for successful family therapy with substance abusers! Family therapy is an essential core competency for substance-abuse counselors, according to the Substance Abuse and Mental Health Services Administration. *Family Solutions for Substance Abuse: Clinical and Counseling Approaches* delivers the information and techniques you need to effectively treat addicts and their families. By understanding and changing the dynamics of the family system, you will be better able to guide your clients to adopt strategies and behaviors that sustain recovery and maintain healthy relationships. *Family Solutions for Substance Abuse* provides clear models of diagnosis and intervention for families, whether that means couples, teenagers and their parents, or Mom, Dad, and the kids. The theoretical background on family systems will help you understand the context of the client's addiction and the way it affects and is affected by other family members. Numerous case studies and figures bring the expert advice and theory into the practical realm so you can choose the best strategies for helping the shattered family heal. *Family Solutions for Substance Abuse* will teach you useful therapeutic skills and strategies, including: understanding interdependence joining with different family members negotiating goals and contracts dealing with family violence assessing motivation handling relapses ending treatment Treating addictions is notoriously difficult for even the most skilled therapist working with the most motivated client. Using the techniques in *Family Solutions for Substance Abuse* offers you and your clients a better chance at success, because addicts whose families share their treatment are much more likely to stay in counseling and remain clean and sober.

*Enhancing Motivation for Change in Substance Abuse Treatment* William R. Miller 1999 This report is based on a rethinking of the concept of motivation, which is redefined here as purposeful, intentional, & positive -- directed toward the person's best interests. This report shows how substance abuse treatment staff can influence change by developing a therapeutic relationship that respects & builds on the client's autonomy & makes the treatment clinician a partner in the change process. Describes motivational interventions that can be used at all stages of the change process, from pre-contemplation & preparation to action & maintenance, & informs readers of the research, results, tools, & assessment instruments related to enhancing motivation.

Clinical Work with Substance-Abusing Clients, Third Edition Shulamith Lala Ashenberg Straussner 2013-12-17 A leading professional resource and course text, this book provides practical guidance for treating clients with substance use disorders in a variety of contexts. Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with particular substances. Clinical techniques are clearly explained and illustrated with helpful case examples. Important topics include harm reduction; strategies for working with family members; and ways to meet the needs of specific populations, including women, adolescents, older adults, LGBT clients, and those with frequently encountered co-occurring problems. New to This Edition \*Revised to reflect current research and clinical advances; updated for DSM-5. \*Chapters on trauma-informed care, cognitive-behavioral therapy, and complementary/alternative approaches. \*Chapters on neurobiology and behavioral addictions. \*Significantly revised chapters on family treatment and dual disorders.

*Ethnocultural Factors in Substance Abuse Treatment* Shulamith Lala Ashenberg

Straussner 2012-04-23 This book presents a culturally informed framework for understanding and treating substance abuse problems. From expert contributors, chapters cover specific ethnocultural groups in the United States, including Americans of African, Native American, Latino, European, Middle Eastern, and Asian descent. Authors examine how ethnocultural factors may affect a person's attitudes toward alcohol and other drugs, patterns of substance use, reasons for seeking treatment, and responsiveness to various interventions. Themes addressed include the impact of migration and acculturation issues, spiritual values and traditions, family structures, gender roles, and experiences of prejudice and discrimination. Featuring a wealth of illustrative clinical material, the book makes concrete recommendations for more competent, effective assessment and intervention. It also guides clinicians toward greater awareness of the ways their own ethnocultural backgrounds may affect their interactions with clients.

Nursing Care of Clients with Substance Abuse Eleanor J. Sullivan 1995 1995. 528 pp., illustrated

Dr. O'Banye's Clinical Therapy Cards: Substance Abuse Chris O'Banye, Ph.D., M.A., N.H. 2018-01-01 Clinical work with difficult populations requires the sharpest, most effective set of clinical tools a clinician can acquire. Most importantly, it requires clinical tools that are direct, speaks a therapeutic language, but also includes no nonsense talk that the population can relate to, and understand. These attributes are exactly what Dr. O'Banye's Group, Individual and Family Clinical Therapy Cards offers both the client and the clinician. Dr. O'Banye's Group, Individual and Family Clinical Therapy Cards contains 37 cards and a companion manual. The clinical cards direct and assist the client to open up about many difficult topics. The cards contain questions clinicians have difficulty formulating. These questions explore the roots of the clients' issues, as well as their impact, in the deeper levels of the individual's mind, body and spirit. Cards are typically used by having clients read and address the DIRECTIVE group or individual sessions. This then leads to clinical discussion about the issue prompted by the card. Each issue is related to a particular facet of treatment, and expected to provide the client with insight or coping skills to achieve therapeutic progress, in their area of treatment. After processing the therapeutic prompt, clients can read the TASK, which explains how their DIRECTIVE connected to treatment. A Manual is included with each set. The manual explains the theory and etiology of each Therapy Card topic from a client-centered systems approach. This information is very approachable and can be used to psychoeducate clients about the issues they are experiencing. The manuals also give step-by-step instruction in how to use the Therapy Cards during session, ways to present the cards, and how to integrate the cards into treatment. The manual provides content for each card that can be used by the therapist as follow-up information for clients, making Therapy Cards a truly out-of-the-box product that can be used by an clinician. Clinicians appreciate Therapy Cards because they help establish therapeutic rapport, create positive associations with processing therapeutic issues, and help clients make progress in treatment. At the end, clinicians can list the goal given on each card in the therapy notes for each client, to document the clinical intervention used. Therapy Cards can be used in individual, group, or family settings. Clinical Therapy Cards: Substance Abuse • Addiction Psychoeducation • Biological Mechanisms of Addiction • Stress • Emotions and Addiction • Triggers • Alternatives to Using • Relationships and Addiction • Values

Nursing Diagnoses and Process in Psychiatric Mental Health Nursing Gertrude K. McFarland 1997

**Treating Substance Abuse** Scott T. Walters 2011-12-13 Widely adopted, this state-of-the-art work is grounded in the best available knowledge about substance abuse and its treatment. The editors and contributors are leading authorities who provide a complete introduction to each of today's major evidence-based treatment approaches -- from conceptual underpinnings to clinical applications. The third edition has been revised and updated to reflect significant advances in research, theory, and technique. Entirely new chapters cover the biology of substance use disorders, treatment in primary care settings, and case management. The third edition retains the structure that makes the book so popular as a course text and practitioner resource. Following an introductory overview, paired chapters focus respectively on the theory and practice of each approach, including motivational, contingency management, cognitive-behavioral, 12-step, family, and pharmacological models. Theory chapters explain basic assumptions about how people develop, maintain, and recover from substance use disorders and concisely review the research support for each approach. Practice chapters then offer a start-to-finish view of treatment, covering such crucial topics as the therapeutic relationship, assessment procedures, goal setting, the sequencing of interventions, how "denial" and "resistance" are addressed, the role of self-help groups, and strategies for preventing and dealing with relapse. Illustrative case examples are included. The volume concludes with three chapters on integrating different techniques to meet patients' needs in a range of clinical settings. Written for a broad audience, this book is an essential text for courses in substance abuse treatment and addiction counseling. Experienced substance abuse clinicians -- including clinical psychologists, clinical social workers, psychiatric nurses, counselors, and psychiatrists -- will find it a valuable reference for staying up to date on current treatment approaches.

Developing Clinical Skills for Substance Abuse Counseling Daniel L. Yalisove 2010 This skill-building primer provides a framework for understanding substance abuse and teaches the basic concepts and skills necessary for effective counseling of clients with substance use disorders. In Part I, Dr. Yalisove discusses counselor roles and the fundamental principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of the tenets of these approaches in clinical situations--from beginning counseling sessions through termination--using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow. A helpful chapter on creating client treatment plans and writing clinical reports rounds out the book. Dr. Yalisove's clear and concise writing style and his practical approach to developing critical thinking and counseling skills makes this an ideal supplemental text for addictions courses.--Amazon.com.

**Substance Abuse Intervention, Prevention, Rehabilitation, and Systems Change** Edith Freeman 2001-09-26 This book is the first to utilize the empowerment approach of social work practice with substance-abusing clients, bridging clinical, community, and social policy approaches in order to place individual addiction in its sociopolitical context. As Lorraine Gutiérrez points out in her foreword, the book "challenges us to transform our thinking about substance abuse and move beyond our existing focus on individual deficits." Arguing that pathology-focused definitions of substance abuse tend to transform people into their problems, Freeman instead

advocates for strengths-centered policies and regulations as the means to empower clients, communities, and society as a whole. Freeman outlines basic empowerment principles and practices, then details the service delivery processes; offers a context for power, policy, and funding decisions; and examines the needs of special populations. Case examples supplement each chapter, and the final part examines four exemplary programs that demonstrate the empowerment process in action.

*Harm Reduction Psychotherapy* Andrew Tatarsky, PhD 2007-06-10 Harm reduction is a framework for helping drug and alcohol users who cannot or will not stop completely\_the majority of users\_reduce the harmful consequences of use. Harm reduction accepts that abstinence may be the best outcome for many but relaxes the emphasis on abstinence as the only acceptable goal and criterion of success. Instead, smaller incremental changes in the direction of reduced harmfulness of drug use are accepted. This book shows how these simple changes in emphasis and expectation have dramatic implications for improving the effectiveness of psychotherapy.

*Solution-Focused Substance Abuse Treatment* Teri Pichot 2011-03-17 Solution-Focused Substance Abuse Treatment describes the standard of care for substance abuse treatment, demonstrates how solution-focused brief therapy exceeds this standard, and shows how it can effectively be used in substance abuse evaluation, case management, and both individual and group treatment. Beginning and advanced concepts are provided to address the questions of even the most advanced clinician, all placed in the context of cultural awareness. Most importantly, the author answers the many questions professionals may have about how solution-focused brief therapy can be successfully integrated into the field of substance abuse. It provides a thorough understanding of the issues that therapists face when working with this at times challenging population, and demonstrates how the use of solution-focused brief therapy can minimize power struggles and enhance client success. Sample forms and handouts are included, as are additional resources for effective evaluation and treatment.

*Substance Abuse Treatment and the Stages of Change, Second Edition* Gerard J. Connors 2015-09-28 A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families. New to This Edition \*Reflects the ongoing development of the stages-of-change model and research advances over the past decade. \*Chapter on stage-based brief interventions in health care, social service, and community settings. \*Group treatment chapter has been significantly revised. \*Expanded coverage of the change processes relevant to each stage. See also *Group Treatment for Substance Abuse, Second Edition*, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

*Clinical Guide to Alcohol Treatment* Robert J. Meyers 1995-08-04 This book is the first complete guide to implementing the Community Reinforcement Approach (CRA), an empirically based, highly effective cognitive-behavioral program for treating

alcohol problems. CRA acknowledges the powerful role of environmental contingencies in encouraging or discouraging drinking, and attempts to rearrange these contingencies so that a non-drinking lifestyle is more rewarding than a drinking one. Unique in its breadth, the approach utilizes social, recreational, familial, and vocational strategies to aid clients in the recovery process. This authoritative manual is a hands-on guide to applying these therapeutic procedures. The authors present a step-by-step guide to each component of the treatment plan, many of which have been shown to be effective forms of treatment in themselves. Topics include behavioral skills training, social and recreational counseling, marital therapy, motivational enhancement, job counseling, and relapse prevention. Each chapter provides detailed instructions for conducting a procedure, describes what difficulties to expect, and presents strategies for overcoming them. Sample dialogues between clients and therapists, annotated by the authors, further illuminate the treatment process. The book concludes with a chapter that both addresses the common mistakes made when implementing CRA, and emphasizes the flexibility and benefits of this total treatment plan. This book is an invaluable resource for a wide range of practitioners including psychologists, psychiatrists, substance abuse counselors, and social workers.

**Substance Abuse** George Grant (Jr.) 2005 Provides a personal and intimate glimpse into the thinking and actions of experienced practitioners working with substance abusing clients. *Social Work Practice, Substance Abuse*. Designed for students and practitioners of social work, and for use in courses that address substance abuse treatment and intervention at the undergraduate or graduate level.

*Cognitive Therapy of Substance Abuse* Aaron T. Beck 2011-11-18 Cognitive therapy offers a well-documented and cost-effective psychosocial treatment model for working with substance abuse disorders. Comprehensive and accessible, this volume clearly details the cognitive model of addiction, the specifics of case formulation, management of the therapeutic relationship, and the structure of the therapy sessions. It discusses how to educate patients in the treatment model and procedures and manage their cravings and urges for drugs and alcohol. Specific cognitive and behavioral strategies and techniques are described in detail, as are methods for understanding and working with patients who present concomitant problems of depression, anxiety, low frustration tolerance, anger, and personality disorders. Also addressed are such significant issues as crisis management and relapse prevention. Enhancing the utility of the volume are appendices featuring sample client inventories and checklists. These forms are designed to help the clinician identify targets for intervention, track progress over time, and develop an individualized relapse prevention plan for each client.

*Patients with Substance Abuse Problems* Edgar P. Nace 2007 Whether or not you are trained as an addictions specialist, you will encounter addictions issues during the course of your career. Learning how to approach these patients should lessen the anxiety that comes from not knowing how to manage their problems.

**Children of Substance-Abusing Parents** Shulamith Lala Ashenberg Straussner, PhD, CAS 2011-05-10 "Children of Substance-Abusing Parents: Dynamics and Treatment" is a necessary reference for all mental health professionals and students who need to understand and treat this population. It offers an invaluable look at treatment options and programmatic interventions across the life span and fills an important gap in the current literature. The contributors include a wide range of experts who provide up-to-date evidence-based clinical and programmatic strategies for working with children of alcohol and other substance-abusing parents of any age and in almost any practice setting. This highly recommended book is a valuable

resource for all practitioners and students concerned about this very large, but often hidden group of individuals and families." From the Foreword by Sis Wenger President/CEO National Association for Children of Alcoholics Parental drug abuse and alcoholism have an enormously detrimental impact on children and adolescents. Children whose parents suffer from drug abuse or alcoholism often face multiple physical, mental, and behavioral issues. They are at a greater risk for depression, anxiety, low self esteem, and addiction, and also are known to have poor school attendance, difficulty concentrating, and lower IQ scores. This book offers health care practitioners proactive programs and innovative strategies to use with this vulnerable population. Taking a comprehensive, life course approach, the authors discuss the implications and interventions at the prenatal stage, through childhood, adolescence, young adulthood, and adulthood. With this book, social workers and health care practitioners can help assess and intervene with children of substance abusing parents. Key topics: Dynamics in families with substance abusing parents and treatment implications Issues across the life span of children of substance abusing parents Prevention and early intervention programs for pregnant women who abuse substances Programs for young children, adolescents, college students, and children with incarcerated parents Anger Management for Substance Abuse and Mental Health Clients Patrick M. Reilly 2002

**Clinical Supervision in Alcohol and Drug Abuse Counseling** David J. Powell 2007-07-20 "The perfect handbook for the clinical supervisor." –Nancy Waite-O'Brien, director, Education and Training, Betty Ford Center "An outstanding contribution to the professional well-being of the addiction field." –Thomas McGovern, editor, Addiction Treatment Quarterly "Forever useful." –S. Beckett, education and training coordinator, National Association of Alcohol and Drug Abuse Counselors

**Group Treatment for Substance Abuse, Second Edition** Mary Marden Velasquez 2015-10-22 The leading manual on group-based treatment of substance use disorders, this highly practical book is grounded in the transtheoretical model and emphasizes the experiential and behavioral processes of change. The program helps clients move through the stages of change by building skills for acknowledging a problem, deciding to act, developing and executing a plan, and accomplishing other critical tasks. The expert authors provide step-by-step guidelines for implementing the 35 structured sessions, along with strategies for enhancing

motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition \*Reflects significant developments in research and clinical practice. \*Eight new sessions focusing on the brain and substance use, gratitude, self-control, mindfulness, acceptance, and more. \*Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. \*41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts.

**Adolescent Substance Abuse** Carl Leukefeld 2010-04-02 Substance abuse is, and has always been, an indisputable fact of life. People – especially young people – abuse various legal and illegal substances for any number of reasons: to intensify feelings, to achieve deeper consciousness, to escape reality, to self-medicate. And as substance-abusing teenagers mature, they pose particular challenges to the professionals charged with keeping them clean and sober and helping them maintain recovery into adulthood. Adolescent Substance Abuse: Evidence-Based Approaches to Prevention and Treatment offers clear, interdisciplinary guidance that grounds readers in the many contexts – developmental, genetic, social, and familial among them – crucial to creating effective interventions and prevention methods. Its contributors examine current findings regarding popularly used therapies, including psychopharmacology, residential treatment, school- and community-based programs, group homes, and specific forms of individual, family, and group therapy. Accessible to a wide professional audience, this volume: (1) Presents evidence-based support for the treatment decision-making process by identifying interventions that work, might work, and don't work. (2) Identifies individual traits associated with susceptibility to substance abuse and addiction in youth. (3) Provides a biogenetic model of the effects of drugs on the brain (and refines the concept of gateway drugs). (4) Evaluates the effectiveness of prevention programs in school and community settings. (5) Adds historical, spiritual, and legal perspectives on substance use and misuse. (6) Includes the bonus resource, the Community Prevention Handbook on Adolescent Substance Abuse and Treatment. This volume is an all-in-one reference for counseling professionals and clinicians working with youth and families as well as program developers in state and local agencies and graduate students in counseling and prevention.